

Kindness and Respect For All

All sentient beings, including animals raised for food and clothing, are deserving of humane care and treatment.



Typical farm animals, such as cattle, pigs, and poultry birds all have strong desires to play, groom, forage, and bond. Yet billions of farm animals raised on “*factory farms*” are denied these natural behaviors.

You Can Help!

- Learn about farm animals—they are as equally amazing as many pets and wildlife! Share your knowledge with family and friends.
- Write your congressional representatives urging stronger, more humane farm animal care laws.
- Eat less meat, or even better, ***adopt a vegetarian diet!*** Either way, you’ll be helping to reduce animal suffering.

Fostering a sentiment of kindness to animals



P.O. Box 340 • Charles Town, WV 25414-0340
304-725-0506 • www.nhes.org