

Kindness and Respect For All

All sentient beings, including animals raised for food and clothing, are deserving of humane care and treatment.



Typical farm animals, such as cattle, pigs, and poultry birds all have strong desires to play, groom, forage, and bond. Yet billions of farm animals raised on “factory farms” are denied these natural behaviors.

Most farm animals subsist in neglectful and distressing housing, in which disease, extreme boredom, and suffering is the norm. Their terrible plight only increases once the animals are shipped to the slaughterhouses.

You Can Help!

- **Write your congressional representatives urging stronger, more humane farm animal care laws.**
- **Eat less meat, or even better, adopt a vegetarian diet! Either way, you’ll be helping to reduce animal suffering.**

Fostering a sentiment of kindness to animals



P.O. Box 340 • Charles Town, WV 25414-0340
304-725-0506 • www.nhes.org